**Co-design explained in 30 seconds with Susanne Cummings from Vaka Tautua**

**Accessible transcript**

Audio

[Upbeat Pacific music plays, Toku Ora’anga by MOSO]

**Visual**

**The video begins. On the left-hand side of the screen a woman, Susanne Cummings, sits down on a chair in a room, speaks, then laughs. The right-hand side of the screen is a graphic with a magenta background, tohu designs, the Health Quality and Safety Commission logo and the following words in white: ‘Co-design explained in 30 seconds with Susanne Cummings, senior peer support worker at Vaka Tautua’. Cut to a shot of Susanne sitting and speaking to an off-screen interviewer.**

Audio

[Susanne Cummings] Co-design, to me, is about being included and making sure that everybody that is part of this project doesn’t get left behind.

**Visual**

**Cut to a close-up of Susanne speaking to the interviewer.**

Audio

[Susanne Cummings] Pacific people, we are unique in our own individual ways. Without the psychologists and doctors and nurses having us included in the projects that are put out there for Pacific people, without our voice, you wouldn’t be able to support us in that strong value way, that we are needing in our own Pacific communities, and in a mainstream world.

[Upbeat Pacific music plays, Toku Ora’anga by MOSO]

**Visual**

**The Health Quality and Safety Commission logo appears on screen.**

**[Graphic] To learn more about co-design visit: hqsc.govt.nz/co-design**

**[Graphic] Music: Toku Ora’anga by MOSO, Banana Leaf 4 Productions**

**Video ends.**