

WEBINAR – Focusing on mental health and wellbeing

Midday, 17 November 2020



HEALTH QUALITY & SAFETY
COMMISSION NEW ZEALAND
Kupu Taurangi Hauora o Aotearoa

Te Rā Haumarū Tūrōro o Aotearoa | Aotearoa Patient Safety Day

Guest speakers: Candice Apelu Mariner (Hutt Valley DHB)
Rachel Prebble (Capital & Coast DHB)
Kerri Nuku (Toputanga Tapuhi Kaitiaki o Aotearoa, NZNO)

The Health Quality & Safety Commission will promote Te Rā Haumarū Tūrōro o Aotearoa | Aotearoa Patient Safety Day on 17 November 2020. The theme is *Getting through together | Whāia e tātou te pae tawhiti*.

The focus is on thanking health care workers for their efforts and dedication through responding to recent crisis events and the COVID-19 pandemic.

We invite you and your teams to join the free webinar session on 17 November at midday, where Rachel Prebble, Candice Apelu Mariner and Kerri Nuku will be our guest speakers.

Candice Apelu Mariner – Hutt Valley DHB

Candice Apelu Mariner currently works as an Integration Lead within the Pacific Directorate at Hutt Valley District Health Board. She has over 17 years of experience working in both the sports and health settings.

Candice was born and raised in Samoa and her focus is on improving the health and wellbeing by leveraging off the strengths of Pacific families and communities to be agents of change and good stewards of their health.

Her work over the years has involved partnering with Pacific communities and working across to PHOs, NGOs and secondary care to empower Pacific

communities, families and individuals to achieve good health, well-being and sustain positive social change.

Candice also has extensive experience in facilitating and delivering in-service training, coaching, health education and healthy lifestyles workshops.

She holds a Master's in Health Service Management from Massey University, a Postgraduate Diploma in Social Sector Research and a Bachelor of Sports and Leisure Studies from Waikato University.



For more information and registration details, continue to next page...



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Rachel Prebble - Capital & Coast DHB

Rachel Prebble is the organisation development manager at Capital & Coast DHB, and a clinical psychologist. She led the development of a wellbeing framework for the DHB and has coordinated the staff welfare and wellbeing response to COVID-19 for Capital & Coast and Hutt Valley DHBs.

Rachel's mission is that our people can thrive, that they are excited to come to work, proud to be part of the health care community and able to provide safe and compassionate care. In the webinar, she will share strategies for organisations and individuals to support and promote wellbeing as an essential component of 'getting through together' and creating an environment of health care worker and consumer safety.



Kerri Nuku (Ngāi Tai, Ngāti Kahungunu) - Toputanga Tapuhi Kaitiaki o Aotearoa, NZNO

Kerri Nuku has an extensive background in the health sector as a registered nurse, midwife, policy development, auditing, management and held advocacy roles at national and international level. Her experience at the International Council of Nurses and is a member of the ICN Audit and Risk Committee, Global Nurses United, South Pacific Nurses Forum, and worked on the World Health Organization project Human Resources for Health, and spokesperson for New Zealand Nurses Organisation (NZNO) on many significant issues. Kerri's current role is the Kaiwhakahaere of Toputanga Tapuhi Kaitiaki o Aotearoa, NZNO representing 52,000 members including 3,800 Māori members a position she has held full time since 2013. Her advocacy for workers' rights and specifically pay parity for the workforce within the Māori and iwi provider sector as evident in the Human Rights Commission report 'A fair go for all'.



Register for this free webinar here:

https://hqsc.zoom.us/webinar/register/3016019445387/WN_G3Hytf1iS-WD6qLA2spssA