



Let's plan to leave hospital Me whakamahere i te wehenga i te hōhipera

Hospital staff want you to leave feeling well informed and with answers to any questions you may have. This sheet will help. Some things may have already been discussed with you and won't be relevant. There are spaces if you or your whānau want to make notes.

1 Preparing to leave Te wehenga i te hōhipera

- If you have any concerns or unanswered questions about your health care, talk to your doctor or nurse.
- Note down names and contact details for anyone you may want to get in touch with about your health care after you leave hospital.



2 Follow-up appointments Ngā toronga whai muri

- Check with your doctor or nurse if you need to attend any follow-up appointments or have further tests, and if so where (eg, at hospital or with your GP).
- If you need to see your GP after you leave hospital, make sure you know when and remember to make an appointment.
- If you're expecting test results, find out how you will get them (eg, someone will phone you or you will need to make the call).


