



# Taute taha palana ke toka e fale gagao

Manako he tau tagata gahua he fale gagao ke fano kehe a koe mo e logonaaga kua lahi haau a maamaaga kehe tau fakailoaga pihia mo e tali ke he tau hūhū oti kua ole ai e koe. Maeke he tohiaaga nei ke lagomatai a koe. Falu a mena kua fita ni he fakatutala mo koe mo e kua nakai lata ai. Fai matakavi kaeke kua manako a koe mo e haau a magafaoa ke taute e tau fakamauaga.

## 1 Taute taha palana ke toka e fale gagao

- Kaeke kua fai manatu tupetupe poke fai hūhū foki a koe kua nakai moua e tali hāgaao ke he haau a levekiaga ke he moui malolō tino, tala ke he haau a ekekafo poke nosi.
- Tohi hifo e tau higoa mo e tau fakailoaga fakatagata he ha tagata kua iloa e koe kua manako a koe ke fai matutakiaga ki ai hāgaao ia ke he haau a levekiaga fakamalolō tino kaeke kua toka e koe e fale gagao.

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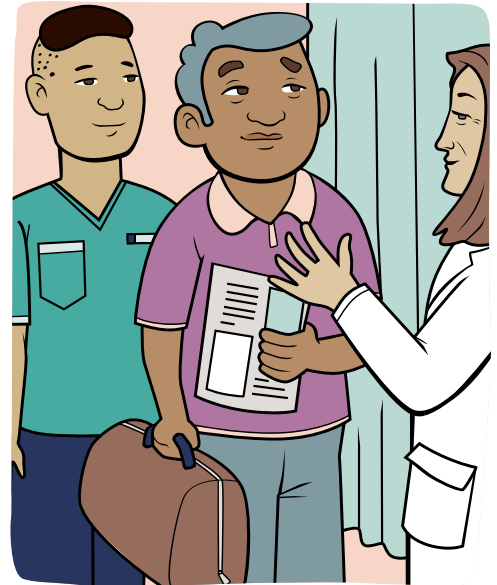
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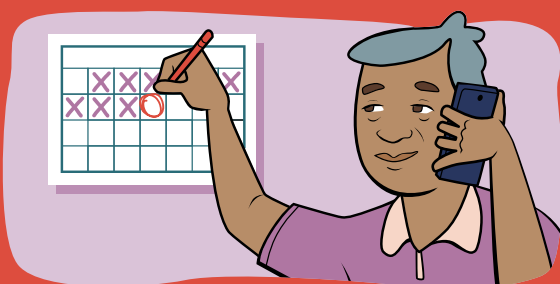


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## 2 Tau apoinimene ke liu ke kitia e ekekafo

- Kumikumi atu ke he haau a ekekafo poke nosi kaeke kua manako ia koe ke taute taha apoinimene ke liu ke kitia e ekekafo poke fai tiviaga foki, kaeke kua pihia ko e mena fe (fakatai, ke he fale gagao poke mo e haau a GP).
- Kaeke kua manako ia koe ke kitia haau a GP ke he magaaho kua toka e koe e fale gagao, manatu ke mailoga ko e magaaho fe mo e manatu ke taute taha apoinimene.
- Kaeke kua fakatali agaia a koe ke he tau fakamailoga he haau a tau tiviaga, kumikumi ko e puhala fe ka moua e koe a lautolu (fakatai, to vilo atu taha tagata kia koe poke kua lata ia koe ke vilo ki ai).




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### 3 Tau tegavai

- Tohia hifo oti e tau tegavai kua lata ia koe ke uta, magaaho fe ke uta ai, ko e heigoa e kakano kua uta ai mo e fai lekua nakai ka tupu mai ai.
- Manatu ke maama mitaki ia koe kaeke kua fai hikiaga kua taute ke he haau a tau tegavai kua fa mahani a koe ke uta (kaeke kua fai a koe).
- Kaeke kua tohia atu he ekekafo ha tegavai foou ma haau, kia mailoga e koe neke fai totogi ke totogi aki.

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### 4 Tau levekiaga kia koe ke he magaaho ka fano kehe a koe

#### Neke manako ia koe ke ole atu falu a hūhū:

- ke he ha mena kua lata ia koe ke onono ki ai kaeke kua fano kehe a koe mo e fale gagao (fakatai, ko e tau lekua kua tupetupe ki ai tuga ka malikiti ki luga e vevela he tino, malikiti hake ki luga e mamahi poke toto)
- fai hatakiaga nakai kua tuku atu kia koe (fakatai, haggao ia ke he puhala ke gahua, fakaholo poke lagaki)
- falu a mena kua lata ia koe ke taute ke maeke ia koe ke tumau haau a moui malolō tino (fakatai, fuafuaga he tau kai, faofao tino poke okioki)
- magaaho fe kua maeke ia koe ke liu ke taute e tau gahua kua fa mahani a koe ke taute
- fai mena kehe nakai kua lata ia koe ke taute ke he magaaho nei.

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