

FallsStop – free seminar about falls reduction with Anne-Marie Hill

3-7 April 2017 in four NZ locations



HEALTH QUALITY & SAFETY
COMMISSION NEW ZEALAND
Kupu Taurangi Hauora o Aotearoa



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Essential HelpCare is kindly sponsoring this seminar series to allow free entry.

FallsStop is a free seminar about reducing falls in hospital and other care settings, designed for hospital falls champions, nursing management, and physiotherapy, gerontology and aged care representatives.

Guest speaker Associate Professor Anne-Marie Hill will cover various topics including:

- evidence-based outcomes in hospital falls prevention programmes
- engaging patients in falls prevention
- individualised approaches to patient education
- overview of falls prevention research in Western Australia (WA).

Assoc Prof Hill will run a physiotherapy-specific session during the lunch break. This is a professional gathering and an opportunity to have lunch and an informal discussion with a gerontological physiotherapist and ask about Anne-Marie's work.

The seminar includes presentations from local falls prevention leaders and members of Whanganui District Health Board's (DHB) *Care with dignity* team, led by Colleen Hill, Clinical Nurse Manager Medical Ward and Wendy Stanbrook-Mason, Nurse Manager Medical Services. *Care with dignity* has been highly successful in reducing harm from in-hospital falls among patients with cognitive impairment.

Four seminars will be held between 3 and 7 April 2017, in the following locations:

- **Dunedin, Monday 3 April** – Southern DHB, Wakari Hospital, Board Room, Level 3, Main Block, 369 Taieri Road, Halfway Bush, Dunedin
- **Wellington, Tuesday 4 April** – Nordmeyer Theatre, University of Otago, Wellington Hospital, 23A Mein Street, Wellington
- **Auckland, Thursday 6 April** – Auckland DHB, Fisher & Paykel Healthcare Clinical Education Centre, Level 5, Auckland City Hospital, 2 Park Road, Auckland
- **Counties Manukau, Friday 7 April** – Ko Awatea, Middlemore Hospital, 100 Hospital Road, Auckland.

Attendees from across the health and disability sector are welcome. To register go to: <https://app.smartsheet.com/b/form?EQBCT=cfa0ae6e15ac4b548a566233e13d7abd> or phone 0800 331 332.

Agenda

- 9.00am Registration and refreshments
- 9.30am Opening by local MC
- 9.45am Health Quality & Safety Commission: update on national falls prevention work
- 10.15am Assoc Prof Anne-Marie Hill
- 12.15pm Lunch (and concurrent Anne-Marie Hill/physiotherapist discussion)
- 1.00pm Local presentation
- 1.30pm Whanganui DHB: *Care with dignity* workshop to help reduce harm from falls for those with cognitive impairment
- 3.30pm Close by Sandy Blake, Commission National Falls Lead and Director of Nursing, Patient Safety and Quality, Whanganui DHB



Care with dignity

Kia tū rangatira ae, kia mana ae te tangata

Care with dignity workshop

In New Zealand, people aged 85 years and over are twice as likely to have an Accident Compensation

Corporation claim for a fall related injury. An individual with dementia is up to three times more likely to sustain a hip fracture than one who is cognitively intact.

Caring for those with cognitive impairment is an increasing care issue for many providers of health care. This two-hour interactive workshop is led by Colleen Hill and Wendy Stanbrook-Mason and will:

- discuss the impact of admissions of cognitively impaired individuals, including dementias, within an acute hospital setting
- discuss strategies that reduce falls and other harm
- discuss 'Care with dignity - Kia tū rangatira ae, kia mana ae te tangata' - a model of care implemented within Whanganui DHB which focuses on the care and maintenance of dignity of individuals with cognitive impairment
- address the tension regarding specialing of patients with cognitive impairment
- share real patient and family stories
- share staff stories.

Associate Professor Anne-Marie Hill

Assoc Prof Anne-Marie Hill (PhD) is a full-time research academic in the School of Physiotherapy and Exercise Science at Curtin University. She is an Australian Physiotherapy Association-titled gerontological physiotherapist, and holds educational qualifications. She has combined her experience to focus on falls prevention for older people by leading falls prevention projects in community, residential care and post-hospital populations.



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