

# FallsStop – free seminar about falls reduction with Dr Anne-Marie Hill

Register today – entry limited to 100 attendees



HEALTH QUALITY & SAFETY  
COMMISSION NEW ZEALAND  
*Kupu Taurangi Hauora o Aotearoa*



MINISTRY OF  
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MANATŪ HAUORA



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**Essential HelpCare is kindly sponsoring this seminar to allow free entry.**

**FallsStop** is a free seminar about reducing falls in the hospital setting, designed for hospital falls champions, nursing management, and physiotherapy, gerontology and aged care representatives.

Guest speaker Dr Anne-Marie Hill will cover various topics including:

- evidence-based positive outcomes
- patient engagement
- individualised approaches
- an overview of falls prevention work in Western Australia.

Four seminars will be held between in the following DHBs:

- **Waitemata, Tuesday 20 October, 9.30am–3.30pm** – Awhina Centre, Waitakere Hospital
- **Wellington, Wednesday 21 October, 9.30am–4pm** – Nordmeyer Lecture Theatre, Wellington School of Medicine
- **Hawke's Bay, Thursday 22 October, 9.30am–3.30pm** – Conference Centre, Hastings Hospital
- **Canterbury, Friday 23 October, 9.30am–3.30pm** – Design Lab, 17B Print Place, Middleton, Christchurch.

To register, go to <https://app.smartsheet.com/b/form?EQBCT=82f8bf2a070040119875269d527b14cc> or call 0800 331 332.

## About the speaker

Research Fellow Dr Anne-Marie Hill leads the Healthy Ageing agenda at the Institute for Health Research and School of Physiotherapy at the University of Notre Dame Australia. She was awarded a National Health and Medical Research Council of Australia early career fellowship (2012–15) and was recently awarded an NHMRC (Australia) project grant as CIA to investigate preventing falls among older people in the six months after hospital discharge.

Dr Hill has combined her educational training and clinical experience to focus on developing research in the area of patient education for older people. She is a Titled Gerontological physiotherapist (title awarded by the Australian Physiotherapy Association) and has over 20 years' clinical experience as a physiotherapist working with older people in acute, community and rehabilitation health settings, as well as in residential aged care.

From 2012 to 2014 Dr Hill led a large, successful, randomised trial which evaluated providing falls prevention patient education across eight aged care rehabilitation units in WA and is currently leading falls prevention projects in residential aged care and in post joint replacement populations. She provides research supervision for doctoral students and works with clinical staff in Western Australia to assist in translation of falls prevention evidence into practice.



## FallsStop schedules

### Waitemata Seminar, Tuesday 20 October

- 9.00am Registration and refreshments
- 9.30am Opening by Jocelyn Peach, Director of Nursing
- 9.40am Patient voice
- 9.55am Carmela Petagna and Sandy Blake (Health Quality & Safety Commission)
- 10.30am Dr Anne-Marie Hill
- 12.00 noon Lunch and trade display
- 1.00pm Dr Anne-Marie Hill
- 2.30pm Waitemata falls item – highlights and challenges
- 3.15pm Close (ACC)
- 3.30pm Finish and refreshments

### Wellington Seminar, Wednesday 21 October

- 9.00am Registration and refreshments
- 9.30am Opening by Andrea McCance, Director of Nursing & Midwifery
- 9.40am Patient voice – capturing, understanding and improving patient experience – Mikaela Shannon
- 9.55am Carmela Petagna and Sandy Blake (Health Quality & Safety Commission)
- 10.30am Dr Anne-Marie Hill
- 12.00 noon Lunch and trade display
- 1.00pm Dr Anne-Marie Hill
- 2.30 pm Falls Atlas – Catherine Gerard (Health Quality & Safety Commission)
- 3.00pm FP Programmes highlights and challenges – facilitated by Helen Costello
- 3.45pm Close (ACC)
- 4.00pm Finish and refreshments

### Hawke's Bay Seminar, Thursday 22 October

- 9.00am Registration and refreshments
- 9.30am Opening by Chris McKenna, Director of Nursing
- 9.40am Patient voice
- 9.55am Carmela Petagna and Sandy Blake (Health Quality & Safety Commission)
- 10.30am Dr Anne-Marie Hill
- 12.00 noon Lunch and trade display
- 1.00pm Dr Anne-Marie Hill
- 2.30pm Presentation from Sonia Gamblen, Director of Nursing, Tairāwhiti District Health
- 3.15pm Close (ACC)
- 3.30pm Finish and refreshments

### Canterbury Seminar, Friday 23 October

- 9.00am Registration and refreshments
- 9.30am Opening by Mary Gordon, Director of Nursing
- 9.40am Patient voice
- 9.55am Carmela Petagna and Sandy Blake (Health Quality & Safety Commission)
- 10.30am Dr Anne-Marie Hill
- 12.00 noon Lunch and trade display
- 1.00pm Dr Anne-Marie Hill
- 2.30pm Canterbury falls item – highlights and challenges
- 3.15pm Close (ACC)
- 3.30pm Finish and refreshments