Halving broken hips in public hospitals – the Aotearoa New Zealand experience

The problem
Two patients in our public hospitals fell and broke their hip every week in 2012. By 2016, that number has nearly halved.

(The New Zealand National Minimum Dataset)

The results

The Health Quality & Safety Commission’s role
An integrated and sustainable approach

Focus on the problem and impact of falls at patient and system level
Analyze and understand data and why falls occur to reducing harm from falls strategies locally, regionally and nationally
Ink and partner with patient, family and other organisations recognizing this is a community problem
Share what works – collaborate to improve the quality of care for all those at risk of falling.

The future
The future involves:
• ensuring sustainability and spread
• continuing to promote – maintaining the annual April Falls events
• continuing a broader ‘health of older people’ focus with other agencies and across sectors.

The approach

Improving quality safety and experience of care – individuals

Improving health and equity for all populations – population

Best value for public health system/resource – system

Focus on Falls newsletter

Focus on Falls mosaic

10 Topics

Stay independent

Focus on Falls newsletter

Focus on Falls mosaic

10 Topics

Falls first

Computer software, Fall Management & supplements

Spending review for safe environments

All teams safety checklist SWF

Six independent health checks for decreases

SNB 2013 education and seminars: Falls – you can’t delegate

April Falls quiz and survey

Focus on Falls newsletter

10 Topics

The Health Quality & Safety Commission’s role
An integrated and sustainable approach

Focus on the problem and impact of falls at patient and system level
Analyze and understand data and why falls occur to reducing harm from falls strategies locally, regionally and nationally
Ink and partner with patient, family and other organisations recognizing this is a community problem
Share what works – collaborate to improve the quality of care for all those at risk of falling.

The future
The future involves:
• ensuring sustainability and spread
• continuing to promote – maintaining the annual April Falls events
• continuing a broader ‘health of older people’ focus with other agencies and across sectors.

Keep up-to-date on the Commission’s role in planning, promoting, implementing integrated Falls programmes

April Falls 2016 launched
Falls prevention, awareness and learning from falls
Engaging and engaging quality improvement resources, developed for age-related care in the community
Collaboration with ACS and Ministry of Health to extend an integrated approach to Falls and Fracture prevention and management
Programmes of care and resources are being developed for use in age-related care
Adopting the Falls Prevention Bond to Care for the Elderly (New Zealand) Model for the fall environment

April Falls 2016 launched
Falls Prevention, awareness and learning from falls
Engaging and engaging quality improvement resources, developed for age-related care in the community
Collaboration with ACS and Ministry of Health to extend an integrated approach to Falls and Fracture prevention and management
Programmes of care and resources are being developed for use in age-related care
Adopting the Falls Prevention Bond to Care for the Elderly (New Zealand) Model for the fall environment