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Falls risk assessment

Item	Circle	COMMENTS
Patient input	Yes / No	
Family/Whānau input	Yes / No	
Carer input/other	Yes / No	
History of falls		COMMENTS
Frequency of falls		
Cause of fall (slip, trip, fall, medical event)		
Injuries from previous fall		
Fear of falling: Does the patient worry about falling or losing their balance?	Yes / No	
Consider: <i>Occupational therapy referral</i> <i>Physiotherapy referral</i>		
Mobility		COMMENTS
Unstable gait or looks unsafe walking	Yes / No	
Is this new for the patient?	Yes / No	
Does the patient use mobility aids?	Yes / No	
What mobility aids does the patient use?		
Consider: <i>Occupational therapy referral</i> <i>Physiotherapy referral</i>		
Vision, hearing, language		COMMENTS
Patient has hearing deficit	Yes / No	
Hearing aids are functional	Yes / No	
Consider: Audiology referral		
Patient has visual deficit	Yes / No	
Patient wears glasses?	Yes / No	
Consider: Ophthalmology referral		
Patient speaks and understands English?	Yes / No	
Consider: Use of interpreter		

Cognitive assessment		COMMENTS
Patient has communication impairment?	Yes / No	
Patient has confusion/disorientation?	Yes / No	
Patient has memory loss?	Yes / No	
Patient is agitated, impulsive, or unpredictable?	Yes / No	
Patient overestimates/ forgets limitations?	Yes / No	
Patient has neurological condition?	Yes / No	
Consider: Watch Medical review Written visual prompts Social work referral		
Continance		COMMENTS
Patient has frequency, urgency or incontinence?	Yes / No	
Patient has a UTI?	Yes / No	
Consider: Commode/bottle by bed Assessing for appropriateness of incontinence aids Referral to incontinence nurse		
Medications		COMMENTS
Patient takes four or more drugs/day?	Yes / No	
Patient on psychotropic or sedative drugs?	Yes / No	
Patient on drug that may cause postural hypotension?	Yes / No	
Patient within 24-hr post-anaesthetic / sedation?	Yes / No	
Consider: Pharmacy review Monitoring lying and standing BP Assistance with mobilisation		
Other risks		COMMENTS
Does the patient have any other risk factors?	Yes / No	
Further comments and observations:		

Name of clinician who completed this falls risk assessment:

Name	Signature	Date