



# Consumer Leadership

*from ground to governance*

Frank Bristol



# My Journey

- Started working life and continue as a grower
- Joined a mental health support group
- Developed a MH Peer Support service
- Became a Consumer Advisor

# The Good News is:

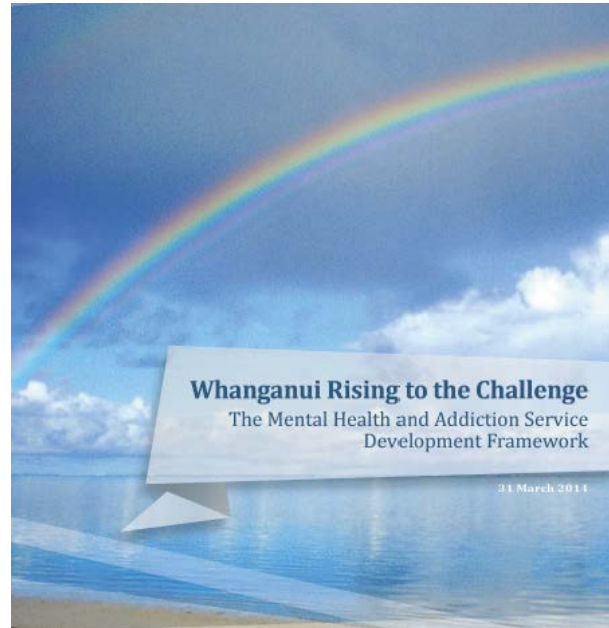
“them VERSUS us “

can mean

“them AND us”

because we are all in this together

# Developing Whanganui DHB's Strategic Framework

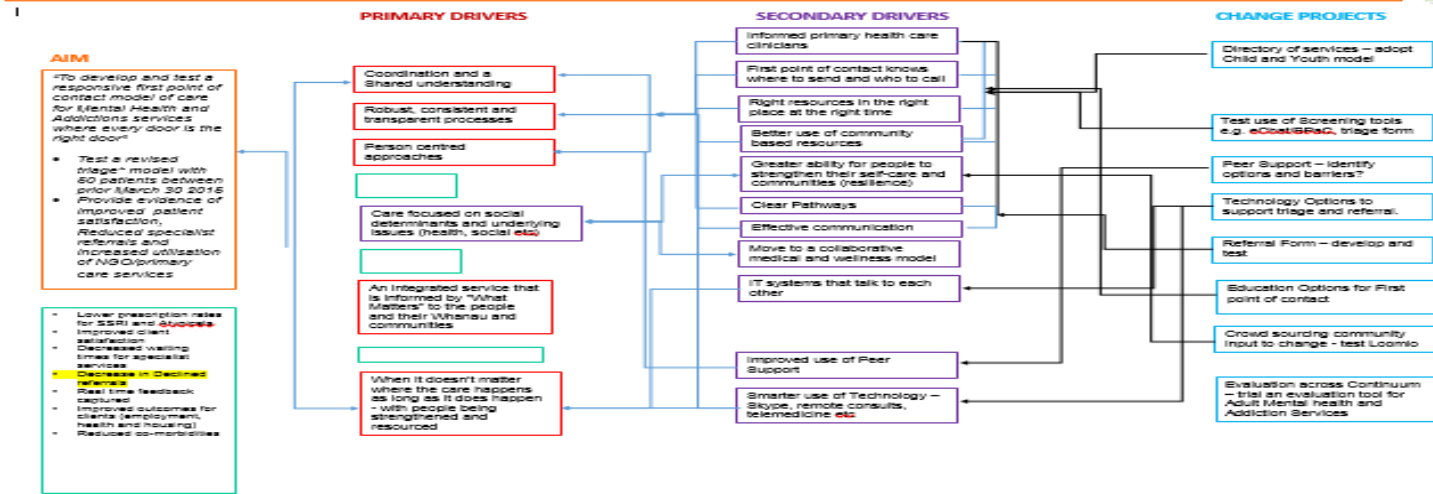


There are overlaps in the mechanisms to achieve what the Whanganui health district needs;



# Driver Diagrams

The Seamless Journey – Adult Mental Health and Addictions Work-Stream Version 1.1 – 18 December 2014



"To be the primary point of contact for Adult Mental Health and Addiction patients is informed and responsive"  
 Triage – "A function to inform access to the right service at the right time"

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# Leadership at All Levels, Across All Sectors

*An emphasis on leadership, including in the community, organisationally and clinically.*

"Leadership is a culture."

"Leadership is defined by  
a person's behaviour, not  
their position."

# THANK YOU FOR LISTENING

