

Palliative Care: What do we need?

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WHO definition

- **Palliative care** is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial, & spiritual...

Palliative Care Practitioners

- Have the willingness and ability to discuss death and dying, (or ‘medical limits’) with no agenda
- They have the ability to cope with the manifold consequences of such discussions.
- They have the ability to access help for the consequences.

What do we need?

ubiquitous

/ju:'bɪkwɪtəs

adjective

present, appearing, or found everywhere

“His ubiquitous influence was felt by all the family”

What do we need?

focus

'fəʊkəs/

noun

the centre of interest or activity

“this generation has made the environment a focus of activity”

Future: Hospitals

Development of

- Comprehensive teams
- New models of care ('And' not 'Or')
- Uptake of pall care as core business
- Integration of pall care into treatment streams and MDTMs

Future: Aged Res Care

- 24 hour support: phone / med / nursing / counseling
- End of life programme
- Education / Training
- Resource
- Respect

Future: Community

- Conversations
 - ACP, Care of the Dying, 'Death Cafes'
- Participation in caring
 - Education / training for & within the community
- Equity of access
- Health literacy / Navigators

Future: Health system

- Palliative competency / literacy
- Training: Pre grad / Post grad / Unregulated work force
- Workforce issues
- Clinical networks, incl paed
- National leadership and strategy.