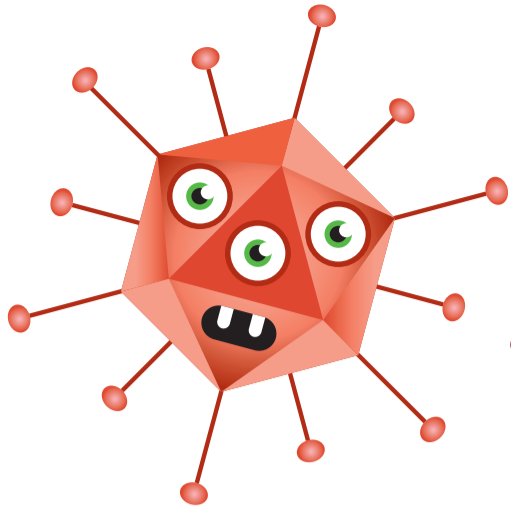


Me Pēhea Te



MUKU RINGA



Whakamahia te muku ringa ki te whakamā i ō ringa.
Horoia ō ringa i te wā e kitea ana te paru.

1



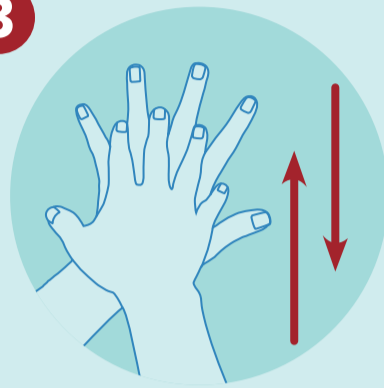
Pania te kotahi tarapī o te muku ringa ki te kapu o tō ringa.

2



Miria ō ringa, kapu ki te kapu, tae rawa ki ngā whatiringa

3



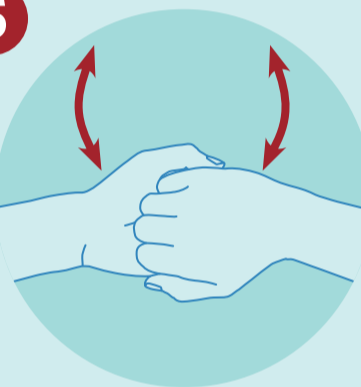
Te kapu matau i runga i te muri o te ringa mauī ka tūhono i ngā matimati, kātahi ka whakawhiti

4



Kapu ki te kapu me ngā matimati e tūhonohono ana

5



Ko muri o ngā matimati ki te kapu tauaro, me ngā matimati tūhonohono

6



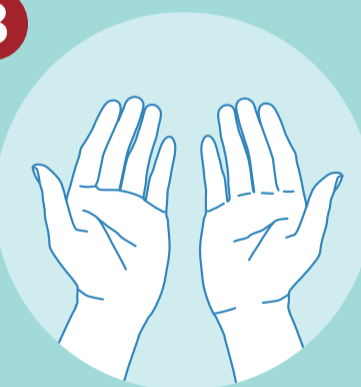
Mirimiri haere te kōnui mauī mā te kapu matau, ka whakawhiti

7



Ka kaha te mirimiri haere, i te wā e kuiti ana ngā matimati o te ringa matau i roto i te kapu mauī, ka whakawhiti

8



Kia maroke noa, kua marutau ō ringa

