

Safe use of opioids national collaborative

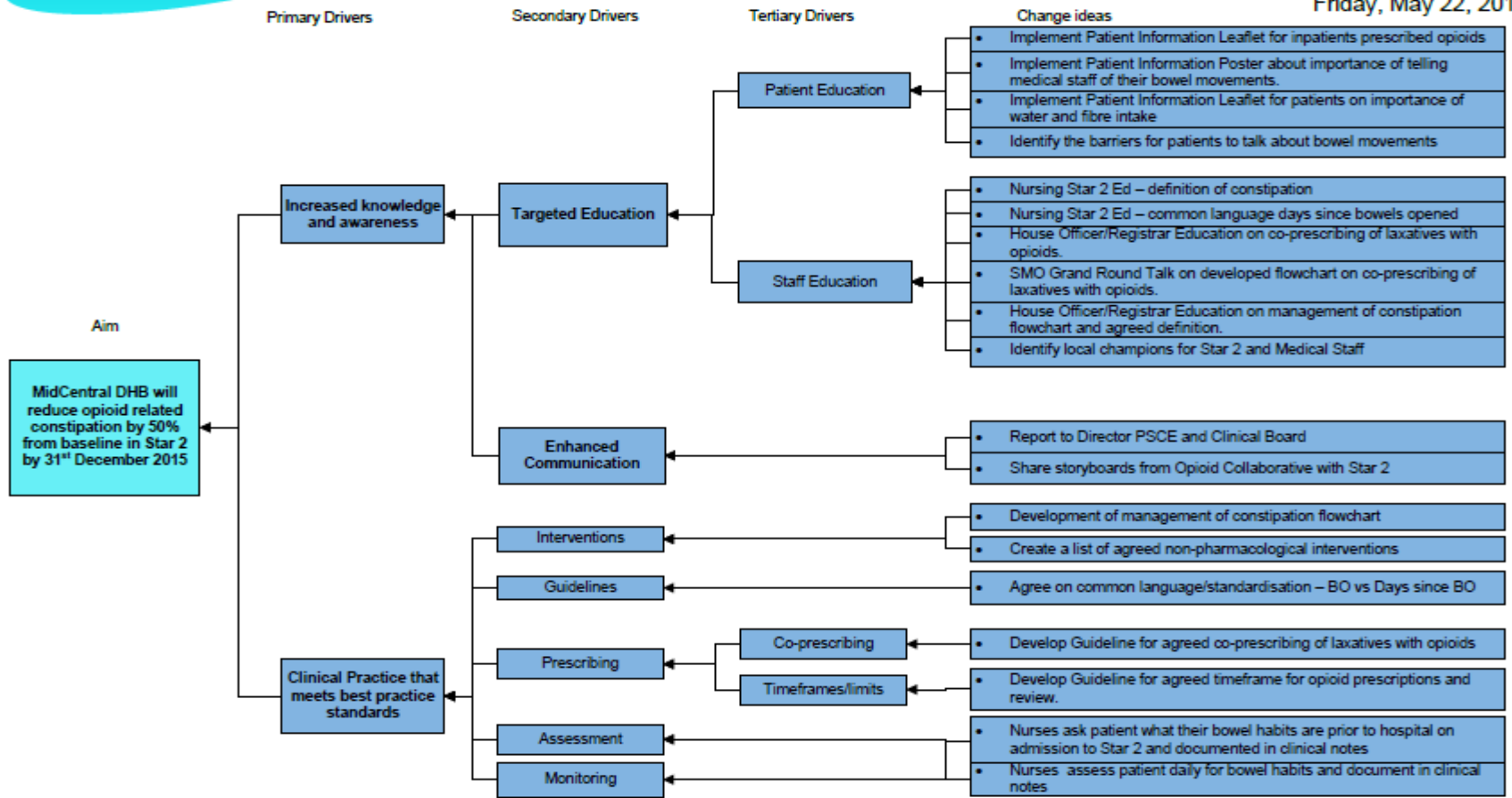
MidCentral DHB

Aim

MidCentral DHB
will reduce opioid related constipation
by 50% from baseline
in Star 2
by December 2015.

Reducing Opioid Related Constipation - Driver Diagram

Friday, May 22, 2015



Audit Tool



File Audit Tool
Opioid Collaborative

		NHI:	NHI:	NHI:
Q1	Charted PRN opioid? And also note name	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Q2	Charted PRN laxative? And also note name	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Q3	Charted regular opioid? And also note name If No, stop audit of file here.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Q4	Charted regular laxative? And also note name	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Q5	Most recent pain score on movement? Note actual pain score number – obs chart	/10	/10	/10
Q6	Bowel function in clinical notes? (last 24 hours)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Q7	Nursing notes use language 'days since bowels last opened'?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Q8	Number of days since bowels last opened?	/7	/7	/7
Q9	Diarrhoea/overflow documented in clinical notes? (last 24 hours)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Comments:			

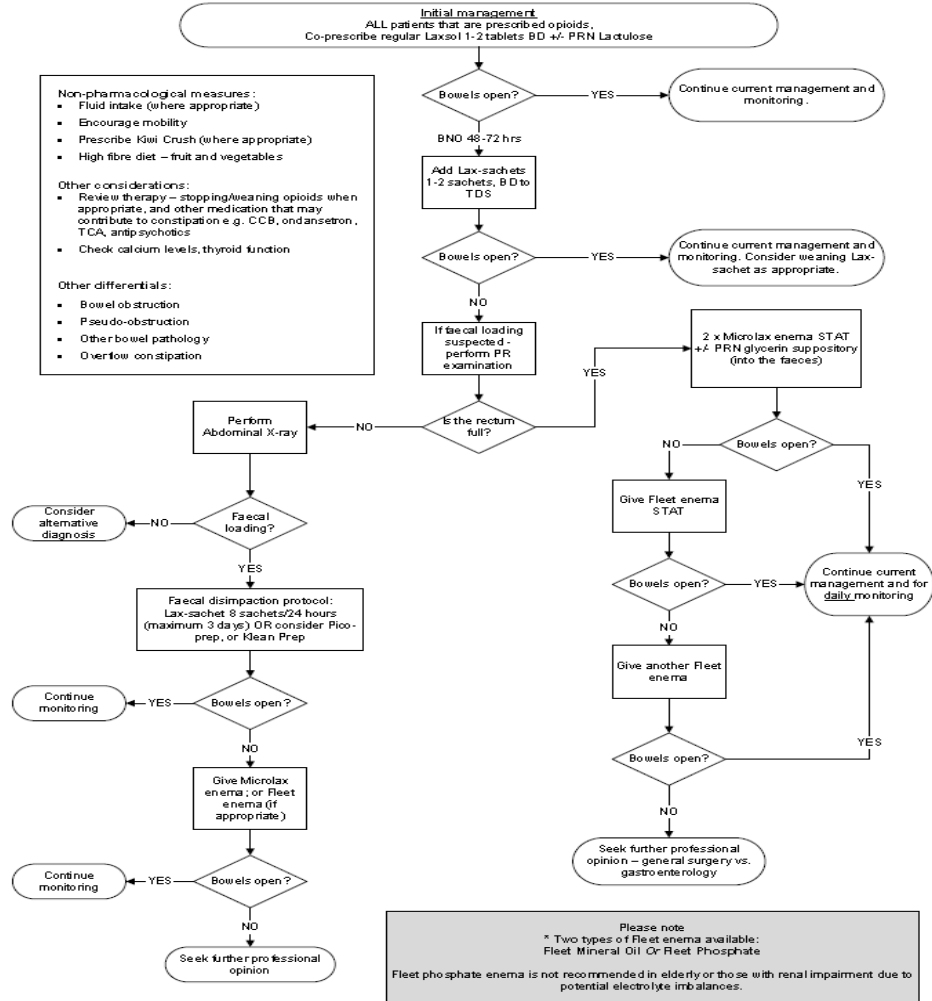
Agreed opioids for this audit:

- Morphine
- Oxycodone
- Fentanyl
- Pethidine
- Methadone
- Tramadol
- Dihydrocodeine
- Codeine

Agreed laxatives for this audit:

- Laxsol
- Lactulose
- Movicol
- Coloxyl
- Senna
- Sennosides
- Bisacodyl

Flowchart



Poster ideas



Poster ideas



Patient survey

Elder Health Bowel Survey
June 2015

Opinion related form prepared

As part of evaluating our bowel movement conversations with patients/consumers we are interested in your views. The information you provide will be used to improve the service we provide. We would be grateful if you could take a few moments to complete this survey. This information will not affect your care in any way and will remain anonymous.

Please could you let us know you:

Age _____ Gender _____ Ethnicity _____

Please circle the number that best describes your response to the statement:

1 = strongly agree, 2 = agree, 3 = do not agree nor disagree, 4 = disagree, 5 = strongly disagree

	Strongly agree	Agree	Do not agree nor disagree	Disagree	Strongly disagree
1. Bowel movement conversations are an important part of health.	1	2	3	4	5
2. I feel comfortable to talk about my bowel movements with nursing &/ or medical staff?	1	2	3	4	5

3. Please list any barriers for discussing bowel movements with nursing &/ or medical staff.

4. Please explain what could be done to enable improved conversations about bowel movements with nursing &/ or medical staff.

Please turn over

Elder Health Bowel Survey
June 2015

Opinion related form prepared

Which poster theme is most likely to promote conversations on bowel movements? (Please circle letter)

A.



Your doctor or nurse will ask about this component of your health

B.



Your doctor or nurse will ask about this component of your health

Patient information

Visit to MCH



What have we done so far?

- Regular team meetings
- Auditing
- Co-prescribing flowchart
- Patient Information
- Poster
- Patient survey –
bowel conversations
- Visit from Prem and John



Next steps

- Finalise and implement
 - Flowchart
 - Patient information
 - Posters
 - Ward-based education
- Data, data, data! 😊