

# Safe use of opioids national collaborative

Hawke's Bay Fallen Soldiers'  
Memorial Hospital



Te hauora o te Matau-ā-Māui : Healthy Hawke's Bay  
Tauwhiro Rāranga te tira He kauanuanu Ākina

# The problem

- We were unable to establish a baseline rate of constipation
  - 42% (25/60) – bowel activity not recorded
  - What recorded was variable
  - Where it was recorded was variable



- Change idea
  - To introduce a 'bowel stamp'
  - In one care station

## **Bowels**

Opened this shift

Yes  No

Date last opened

\_\_\_\_\_





**HAWKE'S BAY**  
District Health Board  
Whakawateatia

*Fill in only if patient label is unavailable*

Name: .....

Address: .....

NHI no.: .....

Date of birth: .....

## Assessment and Progress

Provisional Diagnosis \_\_\_\_\_

23 / 06 / 2015	
<b>Bowels</b>	
Opened this shift Yes <input type="radio"/> No <input type="radio"/>	
Date last opened _____	

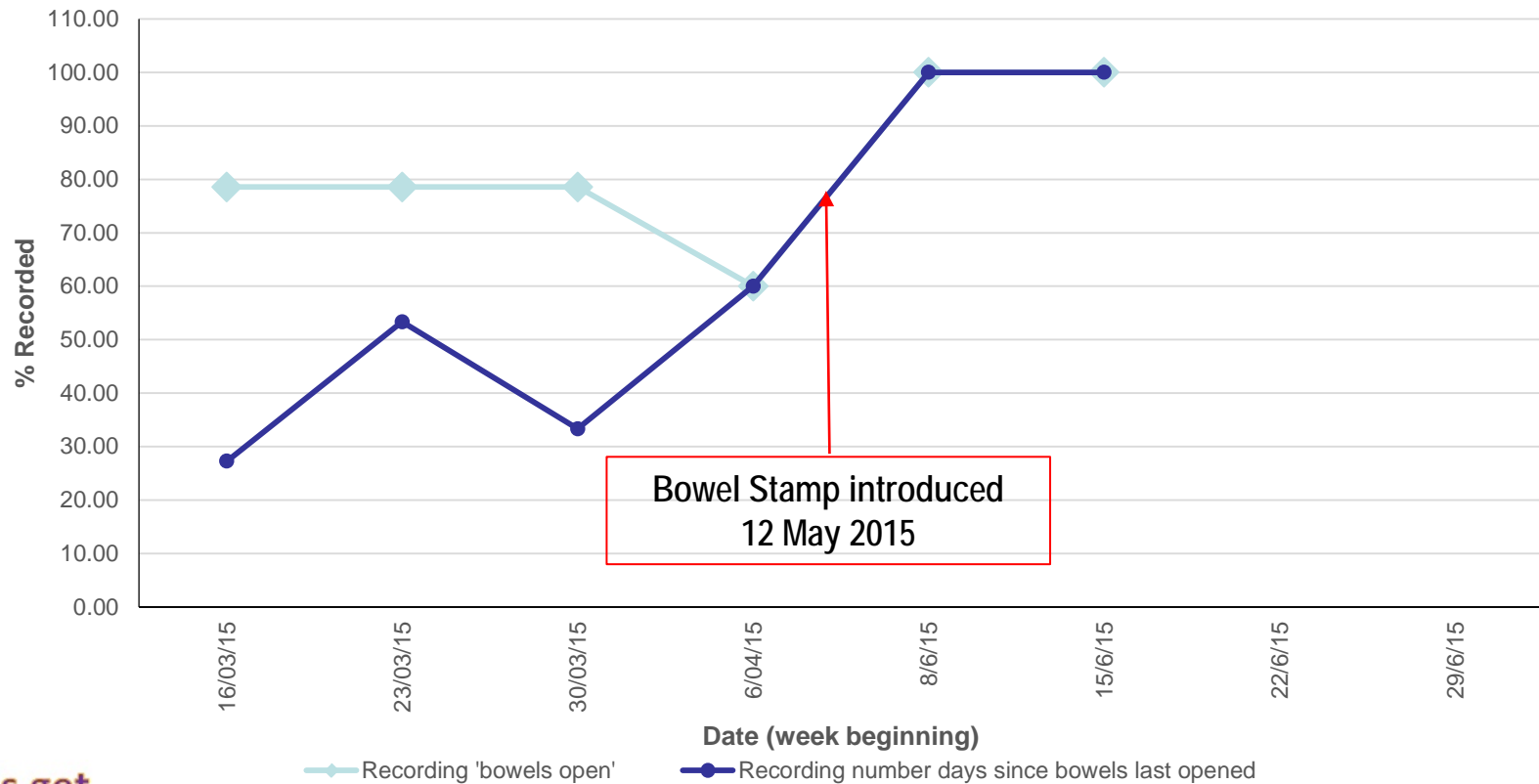


- Unexpected
  - Some RNs recorded 'day' (Day 1, 2, 3 etc) rather than actual date
    - Brief education
  - On a few occasions when stamp not used – had been borrowed by another care centre
    - Roll out to full ward – everyone has a stamp available



# Study

### Recording of bowel activity



- The stamp increased the recording of bowel activity
  - More consistency – what and where
- Auditing is easier as the stamp is very distinctive



- To adopt / implement the stamp across all care centres
  - Leakage - stamp idea has been picked up by other wards
- To establish the baseline rate of constipation







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