

Safe use of opioids national collaborative

Hutt Valley and
Wairarapa DHBs

Aim

To reduce the incidence of constipation harm related to the use of opioid analgesia in orthopaedic surgical patients across Wairarapa and Hutt Valley DHBs by 25% by June 2016

Scope

Acute and elective adult orthopaedic patients undergoing THJR, TKJR and surgery to repair #NOF.

Proposed ideas!

- Combined patient and nurse education to raise awareness of opioid related constipation.
- Focus will be on the patient journey from preassessment to day of surgery.
- Posters in patient areas
- Patient information pamphlet

Points of contact:

- Pre-assessment
- Joint clinic
- Day of surgery.

Proposed ideas

- Posters in the ward
- Patient information pamphlets

Proposed ideas

- Co-prescribing
 - Education of anaesthetists
 - Introduction of pre printed laxative sticker
 - Education of emergency and orthopaedic doctors
 - Sticker attached to opioid prescription

Challenges

- Joining late to collaborative.
- Late joining requiring the utilisation of snap audit as opposed to more robust method.
- Need for speedy implementation.
- Standardisation of implementation across two DHBs.
- Resources.

Successes / achievements

- Completion of snap audit to confirm a problem of constipation across our two DHBs
- Our team across two DHBs
- Able to ride on the wave!!!

WATCH THIS SPACE!!!!