

Appendix 3: Opioid-induced constipation emerging care bundle data template

Purpose: to collect data for the measures associated with the opioid-induced constipation care bundle elements

Data collection frequency: 5 patients each week

District health board name/hospital:

Ward/clinical area name:

Data collector's name:

				Measures						
				Outcome		Process				Balancing
DD/MM/YY	Patient number	NHI	Length of patient stay (number of days)	Number of days since bowels last moved	Constipation Y/N	Element 1 - Patient information Y/N/NA	Element 2 - Co-prescribed and administered laxatives Y/N/NA	Element 3 - Non-pharmacological interventions Y/N/NA	Element 4 - Monitoring and documentation Y/N	Diarrhoea Y/N
	1									
	2									
	3									
	4									
	5									
Totals										
Y										
N										
NA										

Notes

1. Element 5 – Staff education: not included in this template – an annual audit of this process measure is suggested.
2. The individual care bundle outcome, balancing and process measures with exclusions are outlined overleaf – refer to the opioid induced constipation care bundle for full information.
3. NA: not applicable - an exclusion applies.
4. Totals: add up the total number for each measure; record as total number/number of patients audited.

OIC outcome measure: percentage of patients administered an opioid with bowels not open for > 3 days

OIC balancing measure: percentage of patients with diarrhoea who had laxatives administered and/or used dietary measure/s

Exclusions: Nil

Population: Age 12 years and over admitted to a hospital inpatient area

Process measures	Exclusion
Patient provided with information	The patient is not in a state to receive or understand the information and the family/whānau is unavailable
Patient to whom laxatives were prescribed within 24 hours of an opioid being prescribed, and the laxative administered consistent with a local guideline	Any contraindications
Patient provided with a dietary intervention to prevent or reduce constipation	Any contraindications or cautions
Bowel function monitored and documented, consistent with local guidelines or at a minimum daily	Nil