Health Quality & Safety Commission New Zealand
Kupu Taurangi Hauora o Aotearoa

# Prevalence of diabetes by DHB as per the Virtual Diabetes Register (VDR), percent

| Technical information | |
|---|---|
| Indicator name (short) | Diabetes prevalence. |
| Description | This measure details the percentage of people identified as having diabetes in the Virtual Diabetes Register (VDR). |
| Rationale | – |
| Numerator | VDR population identified as having diabetes. |
| Denominator | Stats NZ estimated New Zealand resident population. |
| Inclusions | *See appendix for more details.* |
| Exclusions | People who died during the year were excluded from analysis. |
| Note for calculation | Unit of measure: Percentage<br>Adjustment applied: None<br>District health board (DHB) assignment: Domicile |
| Data sources | VDR, Ministry of Health.<br>Estimated resident population (2019 update), Statistics New Zealand. |
| Suppression rule | Data is not presented where the counts are less than 10. |
| Notes | *See appendix for more details.* |

## Appendix 1. Interpretation notes

| Standard deviation |
| --- |
| Data is presented as standard deviation from the mean.<br>Standard deviation is a statistical measure of variation from a mean. Assuming that recorded instances are normally distributed (ie, they are in the usual 'bell-shaped curve'), 68 percent of all recorded instances would be expected to be within one standard deviation either side of the mean and 95 percent within two standard deviations. |

| Confidence intervals |
| --- |
| Data for each DHB are presented as rate per 1,000 population. Upper and lower confidence intervals were calculated to 95 percent level of confidence. |

## Appendix 2. Virtual Diabetes Registry December 2017 Method

Detail of the VDR methodology has been included for your information. The VDR counts individuals who had the following.

1. Publicly funded hospital discharges from 2008 to 2017 with any of the following diagnosis codes (ICD-10-AM version 3)

- E10 – Type 1 diabetes mellitus
- E11 – Type 2 diabetes mellitus
- E12 – Malnutrition-related diabetes mellitus
- E13 – Other specified diabetes mellitus
- E14 – Unspecified diabetes mellitus
- O240 – Pre-existing diabetes mellitus, type 1, in pregnancy
- O241 – Pre-existing diabetes mellitus, type 2, in pregnancy
- O242 – Pre-existing diabetes mellitus, other specified type, in pregnancy
- O243 – Pre-existing diabetes mellitus, unspecified, in pregnancy

*Note: Admissions with a code for gestational diabetes are not included.*

2. Diabetes 'education and management' (purchase unit code of M20006) or diabetes retinal (fundus) screening (purchase unit code of M20007) within the outpatient collection (NNPAC) from 2015 to 2017.

3. Publicly funded pharmaceuticals dispensed within the community on two or more occasions between 2016 and 2017. Pharmaceuticals with the following chemical IDs are included:

- 1648 Insulin neutral
- 1649 Insulin isophane
- 1655 Insulin zinc suspension
- 1794 Metformin hydrochloride
- 2276 Tolazamide
- 2277 Tolbutamide
- 3739 Rosiglitazone
- 3783 Insulin aspart
- 3800 Pioglitazone
- 3857 Insulin glargine
- 3882 Insulin lispro with insulin lispro protamine
- 3908 Insulin glulisine
- 3982 Insulin aspart with insulin aspart protamine
- 6300 Insulin isophane with insulin neutral

Note: metformin is also used to treat polycystic ovary syndrome in women aged 12–45 years. Women within this age group, dispensed metformin, have not been included within the VDR. Likewise, insulin is also used to treat gestational diabetes and therefore women dispensed insulin around the time of birth have not been included.

6. Four or more HbA1c lab tests (lab test code BG2) and two or more urinary albumin: creatinine ratio (ACR) tests (lab test code BG2 and BP8, respectively) between 2015 and 2017.