

**Choosing Wisely survey results
April 2019**

1. When you visit a doctor, do you generally expect them to send you for a test or provide you with a prescription?

Response	2018 (%)
Yes	57
No	31
Unsure	11

2. Has a doctor ever recommended a test or treatment that you did not think was necessary for your health, or the health of your children or other people under your care? For example, prescribing antibiotics when you had a cold.

Response	2018 (%)
Yes	21
No	66
Can't recall	13

3. Which of the following best describes how you responded to the recommendation? (Asked to respondents who answered "Yes" to question 2.)

Response	2018 (%)
I asked my doctor further questions about why the test or treatment was necessary.	54
I followed the advice of the doctor even though I didn't think the test or treatment was necessary	24
I ignored the advice, but did not discuss it with my doctor	18
Something else	3

4. How do you feel about asking your health practitioner whether a treatment or test recommended by them is necessary?

Response	2018 (%)
Not comfortable	11
Neutral	18
Comfortable	31
Very comfortable	39
Unsure	2

5. How strongly do you agree or disagree that some tests or treatments that are done do not benefit the patient in any meaningful way?

Response	2018 (%)
Disagree	31
Neutral	21
Somewhat agree	21
Strongly agree	14
Unsure	11

6. Would you say your doctor...?

Responses	Always	Often	Sometimes	Rarely	Never	Unsure
Involves you in decisions about your care	40	30	20	6	1	3
Allows enough time for your consultation	35	29	21	10	3	2
Explains things in a way you understand	42	35	17	4	1	1

DATA for 2018 are from a nationally representative survey of 1069 New Zealanders aged 18 years or over, carried out online in December 2018. Responses may add to +/- 100% due to rounding.