

# Hand out for delegates

## Anne - extracts from her ACP:

In the section 2 about what worries me – “I have always been afraid of being in the dark and I worry that people that don’t know me will turn the lights off and leave me alone in the dark”.

Under section 3 why I’m making a plan

- “I would not want to be left a *vegetable* for the rest of my life – if I couldn’t communicate, if I couldn’t recognise my family, or if I was completely dependent on others for my basic needs, that would not be life for me, please don’t do anything.”
- “If I landed up living in residential aged care, please just make sure I am comfortable and do not do anything that would prolong my life”.

In Section 6 my treatment and care choices - she ticked Option Four that says she wants her healthcare team to make decisions on her behalf.

