

**'The family will have my plan
if they need to make hard
decisions.'**

Cheryl Cameron

Kia kōrero

Let's talk

Advance care planning

**Would your whānau know what health care
and treatment you want if you couldn't speak
for yourself? It's not easy to talk about your
future health and end-of-life care, but it's
important.**

**Visit www.myacp.org.nz for ideas about how to start
the conversation and write your advance care plan.**



**HEALTH QUALITY & SAFETY
COMMISSION NEW ZEALAND**
Kupu Taurangi Hauora o Aotearoa

New Zealand Government