

# Kia whakarite | Be prepared



Let your whānau and health care team know what matters most to you if your health changes

*'My dad had a stroke and we didn't know what he wanted for his future care. It was a huge eye-opener for us all. If anything were to happen to me I would want my family and friends to know my wishes.'*

Danielle Murphy, Māori Women's Welfare League member – Maahunui branch

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HEALTH QUALITY & SAFETY  
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*Kupu Taurangi Hauora o Aotearoa*



**tō tātou reo**

advance care planning