

Bibliography

Health Quality & Safety Commission. 2023. *The frailty care guides*. Ngā aratohu maimoa hauwarea. URL: www.hqsc.govt.nz/resources/resource-library/frailty-care-guides-nga-aratohu-maimoa-hauwarea-2023-edition.

ACC. 2012. *Moving and Handling People: The New Zealand guidelines*. Wellington: Accident Compensation Corporation.

Alzheimer Society. 2013. *Shifting Focus: A guide to understanding dementia behaviour*. Toronto: Alzheimer Society of Ontario. URL: brainxchange.ca/Public/Files/Behaviour/ShiftingFocusBooklet.aspx.

Benditt D. No date. Syncope in adults: Clinical manifestations and initial diagnostic evaluation. *UpToDate*. URL: www.uptodate.com/contents/syncope-in-adults-clinical-manifestations-and-initial-diagnostic-evaluation/print.

bpacnz. 2010. Recognising and managing mental health problems in Māori. *Best Practice Journal* 28: 8–17. URL: bpac.org.nz/BPJ/2010/June/mentalhealth.aspx.

bpacnz. 2019. Managing constipation in the older people. URL: bpac.org.nz/2019/constipation.aspx.

CaringforCare. 2023. The importance of moving and handling training. URL: <https://caringforcare.co.uk/importance-moving-handling-training/> (accessed 14 April 2025).

Cleveland Clinic. 2024. *Syncope*. URL: my.clevelandclinic.org/health/diseases/17536-syncope.

De Giorgio R, Ruggeri E, Stanghellini V, et al. 2015. *Chronic constipation in the elderly: A primer for the gastroenterologist*. BMC Gastroenterology 15: 1–13.

Dementia New Zealand. No date. *Information Sheets: Positive communication*. URL: dementia.nz/positive-communication.

Dementia New Zealand. No date. *Information Sheets*. URL: dementia.nz/resources/information-sheets-2.

Department of Labour and ACC. 2001. *Code of Practice for Manual Handling*. Wellington: Department of Labour and Accident Compensation Corporation.

Diabetes New Zealand. 2020. *What is Diabetes?* URL: www.diabetes.org.nz/what-is-diabetes.

Dudley M, Menzies O, Elder H, et al. 2019. Mate wareware: Understanding 'dementia' from a Māori perspective. *New Zealand Medical Journal* 132(1503): 66–74. URL: journal.nzma.org.nz/journal-articles/mate-wareware-understanding-dementia-from-a-maori-perspective.

Dunk AM, Harley C, Langemo D, et al. 2020. *Best practice recommendations for holistic strategies to promote and maintain skin integrity*. *Wounds International*. URL: www.woundsinternational.com.

European Pressure Ulcer Advisory Panel, National Pressure Injury Advisory Panel and Pan Pacific Pressure Injury Alliance (EPUAP/NPIAP/PPPIA). 2019. Prevention and Treatment of Pressure Ulcers/Injuries: Clinical practice guideline. The International Guideline. European Pressure Ulcer Advisory Panel, National Pressure Injury Advisory Panel and Pan Pacific Pressure Injury Alliance. URL: internationalguideline.com/2019.

Gee S, Bergman J, Hawkes T, et al. 2016. *Think delirium: Preventing delirium amongst older people in our care. Tips and strategies from the Older Persons' Mental Health Think Delirium Prevention Project*. Christchurch: Canterbury District Health Board. URL: www.researchgate.net/publication/303876489_THINK_delirium_Preventing_delirium_among_older_people_in_our_care_Tips_and_strategies_from_the_Older_Persons%27_Mental_Health_Think_Delirium_Prevention_project.

Gleeson H, Hafford-Letchfield T, Quaife M, et al. 2019. Preventing and responding to depression, self harm, and suicide in older people living in long term care settings: A systematic review. *Aging & Mental Health* 23(11): 1467–77. DOI: [10.1080/13607863.2018.1501666](https://doi.org/10.1080/13607863.2018.1501666).

Guigoz Y, Vellas B. 2021. Nutritional assessment in older adults: MNA® 25 years of a screening tool and a reference standard for care and research; what next? *The Journal of Nutrition, Health & Aging* 25(4): 528–83. DOI: doi.org/10.1007/s12603-021-1601-y.

Hancox RJ, Jones S, Baggot C, et al. 2021. New Zealand COPD Guidelines: Quick reference guide. *New Zealand Medical Journal* 134 (1530): 76–110. URL: www.nzrespiratoryguidelines.co.nz/copdguidelines.

He J, Tse MMY, Kwok TTO. 2024. The effectiveness, acceptability, and sustainability of non-pharmacological interventions for chronic pain management in older adults in mainland China: A systematic review. *Geriatric Nursing* 57: 123–131. DOI: doi.org/10.1016/j.gerinurse.2024.04.008.

Health Quality & Safety Commission. 2024. *Communicating effectively with older people and their whānau/family Kia kōrerorero pai ki ngā kaumātua me ō rātou whanau*. URL: www.hqsc.govt.nz/resources/resource-library/communicating-effectively-with-older-people-and-their-whanau.

Horgas AL, Wu J, Booker SQ. 2023. Pain management for older adults across the cognitive trajectory. *Current Geriatrics Reports* 12(4): 220–227. DOI: doi.org/10.1007/s13670-023-00403-6.

Kawakami Y, Hamano J. 2020. Changes in body mass index, energy intake, and fluid intake over 60 months premortem as prognostic factors in frail elderly: A post-death longitudinal study. *International Journal of Environmental Research and Public Health* 17(6): 1823. DOI: doi.org/10.3390/ijerph17061823.

Lukito W. 2021. Current evidence in water and hydration science. *Annals of Nutrition & Metabolism* 77(Suppl 4): 1–6. DOI: doi.org/10.1159/000521769.

MacLeod R, Macfarlane S. 2019. *The Palliative Care Handbook* (9th ed). Hospice New Zealand. URL: assets.nationbuilder.com/hospicenz/pages/225/attachments/original/1732591158/Palliative-Care-Handbook.pdf?1732591158.

Masot O, Miranda J, Santamaría AL, Pueyo EP, Pascual A, Botigue T. 2020. Fluid intake recommendation considering the physiological adaptations of adults over 65 years: A critical review. *Nutrients* 12(11): 3383. DOI: doi.org/10.3390/nu12113383.

Ministry of Health. 2017. *Te Ara Whakapiri: Principles and guidance for the last days of life*. Wellington: Ministry of Health. URL: www.health.govt.nz/publication/te-ara-whakapiri-principles-and-guidance-last-days-life.

Moeke-Maxwell T, Mason K, Toohey F, Dudley J. 2019. Pou aroha: An Indigenous perspective of Māori palliative care, Aotearoa New Zealand. In: R MacLeod, L Van den Block (eds). *Textbook of Palliative Care*. Cham: Springer.

Mounsey A, Raleigh M, Wilson A. 2015. Management of constipation in older adults. *American Family Physician* 92(6): 500–504.

Murphree RW. 2017. Impairments in skin integrity. *Nursing Clinics of North America* 52(3): 405–417. DOI: doi.org/10.1016/j.cnur.2017.04.008.

National Institute for Health and Care Excellence. 2023. *Delirium: Prevention, diagnosis and management in hospital and long-term care*. NICE Clinical Guidelines, No. 103. London: National Institute for Health and Care Excellence.

Nelson-Becker H, Moeke-Maxwell T. 2020. Spiritual diversity, spiritual assessment, and Māori end-of-life perspectives: Attaining Ka Ea. *Religions* 11(10): 536. DOI: [10.3390/rel11100536](https://doi.org/10.3390/rel11100536).

WorkSafe. 2018. *Moving and Handling People in the Care Industry*. Wellington: WorkSafe New Zealand – Mahi Haumaru Aotearoa.

Zenebe Y, Akele B, W/Selassie M, et al. 2021. Prevalence and determinants of depression among old age: A systematic review and meta-analysis. *Annals of General Psychiatry* 20(1): 55. DOI: [10.1186/s12991-021-00375-x](https://doi.org/10.1186/s12991-021-00375-x).

