**Ali Sinclair accessible transcript**

**Visual**

**White text on a dark blue screen with a green border around it reads ‘The importance of consumers in Whakakotahi: primary care quality improvement’. Then the text disappears and new text appears saying ‘Ali Sinclair, a health consumer in Nelson, talks about her involvement with the Victory Square Pharmacy Whakakotahi quality improvement project’.**

**A woman in her 40s appears. She has long blonde hair and is wearing blue jeans and a grey wool jacket. She is sitting cross-legged on a park bench on a lawn with a large tree and some houses and vehicles behind her. The sunshine is lighting her from the side.**

Audio

My name’s Ali Sinclair and I’ve been on the methadone programme for quite a while now, about 20 years, and I have quite a few health issues.

I think it’s important for us, for a consumer to be part of the project because we are the ones that are taking the medication, we’re the ones that have the experience and we are the ones that can let the health professionals know what we are going through.

It’s been really good. Going to the seminars with the ladies, being asked everything about what they wanted, my input. It made me very proud to be part of it.

The benefits and the outcomes of the project would be that we will not be losing 20 years off our life span. We will be looked after just like everyone else and it will be equal. Equal health to everybody when you’re on the methadone programme.

I feel very proud to be asked part of it. It’s enlightened me to be asked to be part of the project. I feel very privileged.

I felt like I’ve been listened to, being there and as a consumer, definitely, definitely.

**Visual**

**White text on a dark blue screen with a green border around it reads ‘Ngā mihi nui to all those involved: Megan Peters, Deirdre Magee, Ali Sinclair, Rebecca Lukey’.**

**This text disappears and a white background unfolds and black text appears saying, ‘www.hqsc.govt.nz/our-programmes/primary-care’. Two logos sit underneath; the first says, ‘Health Quality & Safety Commission New Zealand – Kupu Taurangi Hauora o Aotearoa’ and is blue and green with three thin square blocks with white circles of differing sizes within them. To the right of this is a black text logo that reads, ‘New Zealand Government’.**