

Oranga Rongoā



Papakura Marae Centre



Problem Statement

Gout is primarily a disease of Māori and Pacific island people due to genetic variation in urate handling within the body. Gout carries significant morbidity and mortality yet is poorly treated within Aotearoa. People are often provided with symptomatic medication and feel as though they are being judged due to health professionals focussing on food and drink.

<u> Aim</u>

Aim - To achieve gold standard treatment of gout in 70% of enrolled patients >20 years at Papakura Marae Clinic, as defined in an identified cohort at 1 May 2017. (Gold standard treatment is defined as achieving a serum urate (SUA) < 0.36 mmol/L on an annual test in those defined as having gout. Definition of gout is classification or prescription of allopurinol or colchicine and confirmation of podagra.)



Project Team

Roles	Person	
Consumer	Multiple different whānau – primarily Jack, Hone and Hariata	
Management	National Hauora Coalition	
Doctor	Rawiri Jansen and Marty Davis	
Nurse	Paulinee Fitzgerald	
Pharmacist	Jaffa	
Project Lead	Leanne Te Karu	
Project Manager	Jennell Bonner	
Rheumatologist	Peter Gow	
Practice Staff	Nicole, Robyn, Ana, DeAnn, Barbara, Karim, Matire, Liz, Richard	
CEO	Tony Kake	
Oversight	Papakura Marae Board	



Papakura Marae Oranga Rongoa

AIM PRIMARY DRIVERS SECONDARY DRIVERS **CHANGE IDEAS** Whanau • Ongoing hui with community champions • Specific gout resource booklets engagement Focus groups Extended hours Whanau knowledge Whanau ownership • Individualised patient management plans • Increase medication compliancene Community & Offsite community engagement whanau partnership · Regular full practice hui **Cultural literacy** • CME/CNE education/training sessions To achieve gold standard treatment of Phlebotomy training gout in 70% of enrolled patients aged>20 **Health Literacy** • IT Training years at Papakura Marae by May 2018. Clinician literacy Nurse led clinics • Pharmacist support Home visits Kaiwhakahaere Transport to and from laboratory • Best practice guidelines Gold standard Mohio IT tool Best practice Standing orders **Decision support** • 3/12 bloods tool



Measures

Outcome Measure	Process Measure	Balancing Measure
	Percent of Gout patients on Allopurinol	Number of nurse consults decreases
	Number of Gout patients	Number of primary target
	who have had a SUA in the	achievements decreasing
People with Gold Standard Gout Treatment	Degree of hyperuricaemia in patients classified with gout	Complaint from Management that the project is consuming too much time
	How out of date are the serum urates? Number of Gout patients at target	Complaint from the community that they are not engaged with, with respect to this project



Change ideas



Successes and challenges

Highlights & successes:

- Decision support tool implementated
- - GP champion in addition to Clinical Director
- All of practice initiative all staff have felt involved
- Board supporti
- Innovative multi-dimensional kaupapa Maōri GP's Rheumatologist, Prescribing Pharmacist, Nurses,
 Community Pharmacist, non-clinical practice staff, Kaiwhakahaere

• **Challenges**

- Lack of fiscal support
- Justifying value within the practice
- -Difference between HQSC requirements and Te Ao Māori approach
- Others involved in initiatives wanting to be involved



Progress





