World Hand Hygiene Day 2024 quiz

How well do you know the 5 moments for hand hygiene approach? Take this short quiz and test your knowledge.

You should clean your hands after which of these tasks:

🗹 rearranging the bedside table

🗹 after using a mobile device

🗹 after touching an IV pole or pump

🗹 after picking things up off the floor

🗹 after touching or moving a bedside curtain

Cleaning your hands is important because:

[ ]  it protects patients from infection

[ ]  it protects the health care environment

[ ]  it protects you

🗹 all of the above

It is important to clean your hands before every procedure to reduce the risk of infection transmission from your hands to the patient:

[ ]  False

🗹 True

You can only use hand rub if your hands are visibly clean. If your hands are visibly dirty or soiled, you need to wash your hands with soap and water:

[ ]  False

🗹 True

Select the 5 moments for hand hygiene:

🗹 after touching a patient

🗹 before a procedure

🗹 after a procedure or body fluid exposure risk

[ ]  after writing in the patient’s care record

🗹 after touching a patient’s surroundings

🗹 before touching a patient

[ ]  before having a drink

[ ]  after using the phone

**Thanks for taking our quiz for World Hand Hygiene Day 2024**

**Using the 5 moments for hand hygiene is the simplest, most effective way to prevent infection transmission**