

Addressing equity

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Mental Health and Addiction Quality
Improvement Programme

Implicit (unconscious) bias

Unconscious thoughts and attitudes that manifest in aversions or preferences for particular groups or types of people. We are more likely to have aversions to people who are different to us.

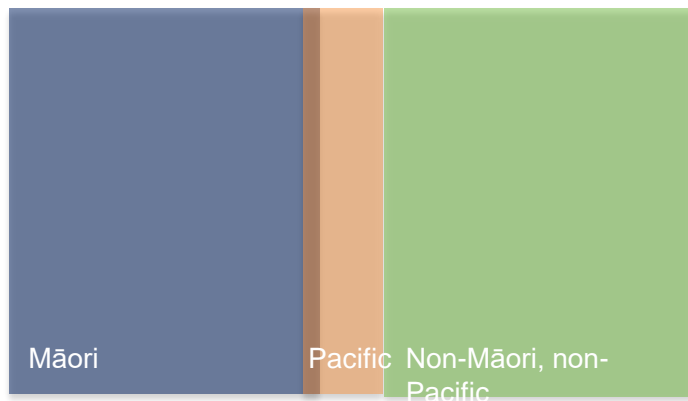


REWIRE: the little book about bias

Mental health and addiction

(In year to Sept 2018)

46% of consumers secluded were **Māori**





Māori are more likely to be secluded

Of people admitted to mental health units, Māori were **two times** more likely to be secluded than non-Māori (**13%** compared with **6%**).¹

Māori males aged 20–44 years have the highest seclusion rate at **18%**. Non-Māori males in this age group had a seclusion rate of **12%**.



Connecting Care

Equity in:

- Access to services
- Welcome at services
- Transition to another service