

Joy in Work

Dr Roz Sorensen 7&8 August 2019





This presentation

- Explore the notion of Joy in Work
- What does this mean?
- Why is it important?
- How this relates to MHA QIP project: Connecting Care?
- What next?





Describe a good day

- Think about your last working month?
- What days were good days or great days?
- Why?
- What happened?
- How did you feel?
- When we are performing at our best- what are those circumstances?

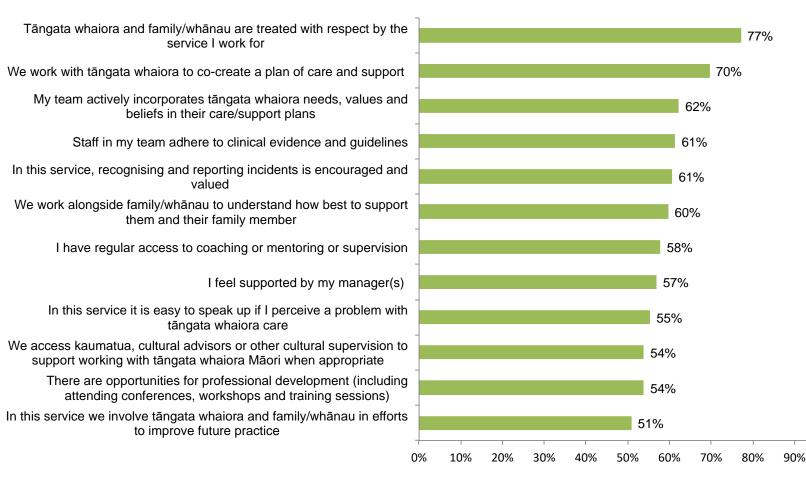


Why joy in work?

- Create a system with joy in work (Deming)
- Joy in work advances quality and safety (Don Berwick)
- Joy in work impacts patient experience, quality of care, safety (ELFT, UK; Scottish Safety programme)
- Joy in work prevents burnout, workforce injuries, staff turnover (IHI, USA)



Ngā Poutama staff survey



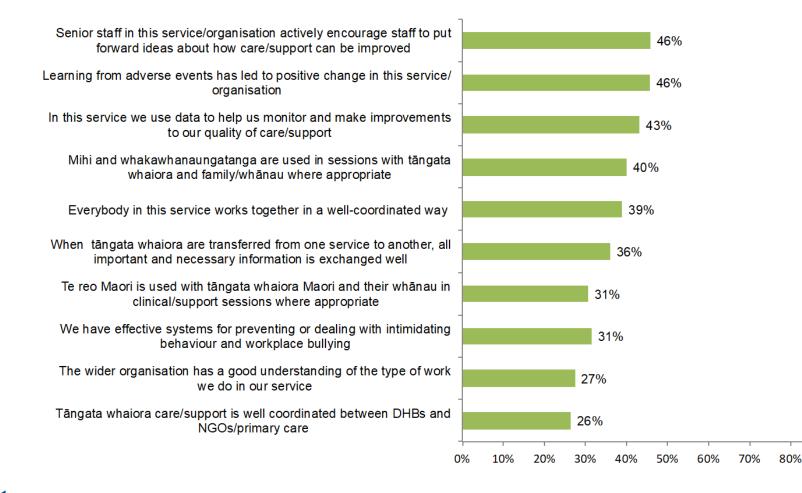
100%



Ngā Poutama staff survey

90%

100%





Room for improvement







Joy at 3 levels

- Individual
- Team or service
- Organisation



"Sometimes, I feel that we may be a bit out of touch with our employees."



"Not just survive but thrive"

- ELTF Joyful leaders actively promote equity and fairness; Create a positive attitude towards the organisation and its values
- Simon Sinek talks about leaders "The leaders who get the most out of their people are the leaders who care most about their people."





Scottish Safety Programme





Improving joy at work in ED

- Aim statement: We monitor Joy at Work through the clinicians daily submitted satisfaction, and we wish to see a decrease in dissatisfaction by 50% by the end of May 2018
- Published: 27/06/2018





ELTF 9 components to joy

- Real time measures
- Physical and psychological safety
- Meaning and purpose
- Choice and autonomy
- Recognition and rewards
- Participative management



- Team work , Daily improvements
- Wellness and resilience



Ask staff what matters?

- On an individual level
- Environmental
- Physical
- Psychological





What gets in the way?

- Identify barriers or impediments- what gets in the way?
- People
- Processes
- Plant Environment





Commit to a systems approach

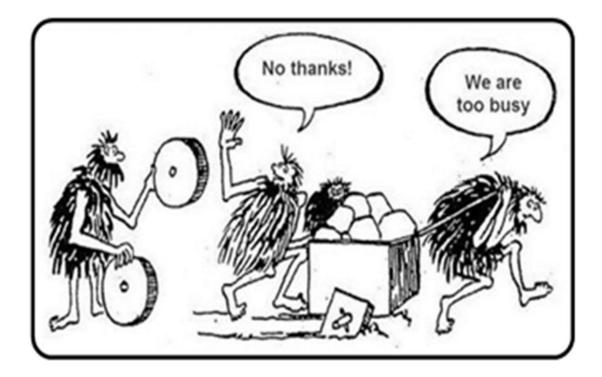
- Joy in work is about the system
- Develop and sustain a just culture







Use improvement science





Connecting Care

- Your project teams are meeting for this work
- You have a shared goal of improvement
- Are you working as a team?
- Is there joy?

"The ability of a group of people to do remarkable things hinges on how well those people pull together as a team."

— simon sinek, <u>Leaders Eat Last</u>





What will you do next?

- What will you do more of?
- What will you do less of?
- What will you start?
- What will you stop?





Celebrating together





Inspired

 "Returning from work feeling inspired, safe, fulfilled and grateful is a natural human right to which we are all entitled and not a modern luxury that only a few lucky ones are able to find."

— Simon Sinek, <u>Leaders Eat Last: Why Some</u> <u>Teams Pull Together and Others Don't</u>



Thank you....Any questions



