# Results of mental health and addiction staff survey

Ngā Poutama Oranga Hinengaro: Quality in Context

# West Coast DHB

Ngā Poutama Oranga Hinengaro: Quality in Context was a national survey of quality culture in mental health and addiction services. The survey was conducted in August 2018.

Thank you to the over 2,500 people around the country who participated in the survey. Here are the results for your DHB.

45%

25% 60%

80%

80%

20%

45%

60%

20%

55%

### Engagement with tangata whaiora and family/whanau

My team actively incorporates tangata whaiora needs, values and beliefs in their care/support plans

In this service we involve tangata whaiora and family/whanau in efforts to improve future practice

We work alongside family/whānau to understand how best to support them and their family member

We work with tangata whaiora to co-create a plan of care and support

Tangata whaiora and family/whanau are treated with respect by the service I work for

# Care and support provided

When tangata whaiora are transferred from one service to another, all important and necessary information is exchanged well (If you work in a DHB, think about transfers within the DHB)

Tangata whaiora care/support is well coordinated between DHBs and NGOs/primary care

In this service it is easy to speak up if I perceive a problem with tangata whaiora care

We access kaumātua, cultural advisors or other cultural supervision to support working with tāngata whaiora Māori when appropriate

Te reo Māori is used with tāngata whaiora Māori and their whānau in clinical/support sessions where appropriate

Mihi and whakawhanaungatanga are used in sessions with tāngata whaiora and families/whānau where appropriate

Staff in my team adhere to clinical evidence and guidelines

# Learning and changing the care/support provided

Senior staff in this service/organisation actively encourage staff to put forward ideas about how care/support can be improved

In this service we use data to help us monitor and make improvements to our quality of care/support

Learning from adverse events has led to positive change in this service/organisation

In this service, recognising and reporting incidents is encouraged and valued

#### **Engaged, effective workforce**

The wider organisation has a good understanding of the type of work we do in my service

Everybody in this service works together in a well-coordinated way

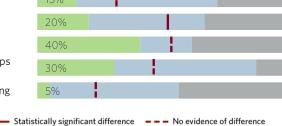
I feel supported by my manager(s)

I have regular access to coaching or mentoring or supervision

There are opportunities for professional development (including attending conferences, workshops and training sessions)

We have effective systems for preventing or dealing with intimidating behaviour and workplace bullying

% Don't know



# How to use these survey results

% Neutral

% Positive

These survey results can be used to support quality improvement in your organisation.

% Negative

We encourage frontline staff to use the results to support quality improvement projects, by:

- displaying the results in staff areas
- talking about the results in team meetings and with colleagues
- using the results to develop change ideas and test changes, as part
  of the plan-do-study-act cycle.

# Key findings for my DHB

The small sample size in this DHB limited statistical testing. The only statistically significant finding was that staff were less likely to report feeling supported by their manager, compared with the all-DHB result.

Looking at the results within this DHB:

- 80 percent of MHA staff who took part agreed (ie, gave a positive response) that tangata whaiora and whanau are treated with respect, and staff work with tangata whaiora to co-create care plans; these two measures had the highest percentage of positive scores
- 5 percent of staff who took part agreed there were effective systems for preventing or dealing with intimidating behaviour and bullying.





# In words - what would make things better for tangata whaiora

# healing-methods support-services courseling physical-environments under-pressures moother-transitions not-reactive independent-living information-sharing pathways caseloads paper-work outcome-focus cultural-training proactive waiting-lists of course pure account of the course of th

#### In words - what currently works well for tangata whaiora



These word-clouds summarise the key themes from the range of responses around the country. Below are some examples of responses from your DHB:

'Improving social support and regular follow ups after discharge from in patient wards'

'More involvement with treatment planning, earlier engagement with whānau'

'Be more culturally aware of tikanga. Process and procedure need to incorporate whānau as well not just the tāngata whaiora. Clinical practice includes whānau ora. Pukenga Tiaki to work generic not just with mental health issues. Cultural assessment includes and encompasses the whānau katoa'

'Weekly tāngata whaiora/staff meeting where everyone's voice is valued, with feedback and recommendations for changes in how the service provides care in this unit'

'Dedication of staff'

'Involving their family in their treatment and recovery'

'All staff are willing to work as a team to the benefit of a client'

'Availability of groups in the community that help with de-stigmatisation, and grapple with life with anxiety'

#### Why was the survey conducted?

This survey underpins the national mental health and addiction quality improvement programme, funded by DHBs and coordinated by the Health Quality & Safety Commission.

The survey was run to help identify where knowledge, culture or communication may impact the quality and safety of mental health and addiction services. The survey findings intend to be used to inform local quality improvement initiatives.

The survey was open for the month of August 2018.

The survey was conducted by Mobius Research Ltd on behalf of the Health Quality & Safety Commission.

#### Where can I find more information?

This report does not present all the information from the survey. There are a range of other reporting resources. You can find all of these resources on the Health Quality & Safety Commission website <a href="https://www.hqsc.govt.nz/our-programmes/mental-health-and-addiction-quality-improvement/projects/quality-in-context">www.hqsc.govt.nz/our-programmes/mental-health-and-addiction-quality-improvement/projects/quality-in-context</a>

Information not contained in these other resources is available by request. Refer to the above link for contact details.

#### How many people in my DHB completed the survey?

The results in this document are based on 20 responses from your DHB. This number of responses for your DHB means there is a margin of error of 23 percent for each of the quality and culture survey questions.

#### Significant differences

Difference between groups (such as Māori compared to non-Māori, or the DHB to the national average) are tested for statistical significance at the 95% confidence level. Statistically significant differences are indicated on the graphs.