

# Me pēhea e mōhio rawa ai me te whakamaimoa tonu i te mate roro o ngā pēpi hou

Ia tau, i ia tau i Aotearoa nei e āhua 67 ngā pēpi hou ka whakatauria ki te mate roro.

Ina kore e whakamaimoatia i muri tata tonu mai ka huri hei mate roro pēpi hou me te aha ka pērā tonutia mō ake tonu atu.

 Kia mōhio

 Kia kōrero

 Kia whakamātao

Ko te rongoa pai rawa atu ko te whakamātao i muri tata tonu mai.

## 1 Kia mōhio

### Te mate roro pēpi hou:

- kia whakaora i te pēpi i tōna whānautanga mai
  - he iti te kaute Apgar i te whānautanga mai
  - he tino kamakama, tino ngoikore rānei, tē ngote
- NEWS (newborn early warning score):**
- hau pūkoro tinana/waikawa waiū.



## 2 Kia kōrero

### He mea tino nui te whakamōhio atu.

**Kōrerotia** tō āwangananga ki tētahi hoa.

**whakakaha ake** mā te kōrero ki te rōpū pēpi hou.

**Whakaritea** he whakawhitinga mō te taurima tonu.

**Hoatu ki te whānau he whiringa kia aromatawai i te whenua.**



## 3 Whakamātao

### KAUA E TAKAROA

Me tīmata te mahi whakamātao roro nō roto mai i te ono haora whai muri i te whānautanga mai.

**KIA WAWE TE WHAKAMĀTAO.**

