

HOW TO LOOK AT THE ATLAS FOR QUESTION 5 IN TOPIC 8 LEARNING ACTIVITY

Go to the Health Quality & Safety Commission Atlas of Healthcare Variation page for polypharmacy [here](#)

Click on [Polypharmacy single map](#) to get the screen below.

Learn more about using the Atlas in the tutorial and user guide [here](#).

1

Click on **Data explorer** in the left bar and scroll down to **Received an antipsychotic**

- Click on **Age, Q4 2011, rate per 1,000** to open age range options
- Click on **Aged 75-84**
- Click on **Commentary** for an explanation of the measurement.

Scroll down to **Received a benzodiazepine/zopiclone**; repeat process.

2

Run your mouse over your DHB area on the map to display the rate (Auckland in this screenshot). It is also highlighted in the right bar.

3

Compare your DHB area with others by looking in results bar below or by mousing over the map. Click on **DHB comments** to see what explanations DHBs have given for the prescribing rate.

Health Quality & Safety Commission Atlas of Healthcare Variation
 This Atlas shows indicators of polypharmacy in older people by district health board.

Data **Methodology** **Received an antipsychotic: Age, Q4 2011, rate per 1,000 : Aged 75-84**

Data explorer

- Received an antipsychotic
 - By year, rate per 1,000
 - Q4 2009
 - Q4 2010
 - Q4 2011
 - Age, Q4 2011, rate per 1,000
 - Aged 65-74
 - Aged 75-84**
 - 85+
 - Received a

Standard deviation

- Lowest
- Highest

DHB comments **User guide**

District health board	Rate per 1,000	Count
Auckland	30.99	401
Bay of Plenty	23.47	287
Canterbury	35.3	849
Capital and Coast	29.47	308
Counties Manukau	23.49	338
Hawke's Bay	27.93	219
Hutt	29.61	175
Lakes	30.91	136
MidCentral	29.55	260
Nelson Marlborough	31.17	233
Northland	19.48	158
South Canterbury	28.83	112
Southern	31.86	481

District Health Boards

Commentary

Chart series

Commentary

Description: People who received an antipsychotic in the quarter.
 This indicator shows the rate per 1,000 people who were dispensed one or more antipsychotic medicines by DHB. Data is presented for quarter 4 over three years (2009–11), then by age for quarter 4 of 2011.
N.P: Not presented. Data are not presented where the count is less than 10.
Why is this important? In young people, antipsychotics are typically indicated for the management of schizophrenia or mania. In older people, antipsychotics are sometimes used to manage behaviours in people with dementia such as wandering, despite a lack of