Oranga Rongoā

Papakura Marae Centre
Figure 3 Male Diagnosed Gout Prevalence – by age and ethnicity

National prevalence of gout derived from administrative health data in Aotearoa New Zealand

Winnard D; Wright C; Taylor W; Jackson G; Te Karu L; Gow P; Arroll B; Thornley S; Gribben B; Dalbeth N
Treatment to Target

- Where we started
- Today

![Graph showing Gold Standard % over time from May 17 to March 18](graph.png)
Treatment to Target

• Comparison

• ~6% of U.S Population have gout managed according to Guidelines

• 414 patients, 51% were treated with allopurinol 33.6% had ever had serum urate level tested 6.7% of people were achieving target serum urate levels
  (B. Arroll et al., 2011)
Treating with Allopurinol

• Where we started
• Today
Classification – from ...to
Patients with Gout classification on Allopurinol
Urate Testing

SUA in last 12 months #
The next tier

% 0.36-0.45mmol/l SUA
Care planning

- Improving health literacy
- Cultural competency,
- Motivational interviewing,
- Having difficult conversations,
- Recognising and acting on change talk.
- Equalising power imbalances
- Using technology to support patient education and information e.g. patient portal
- Utilising patient stories and patient journeys
Patient Perspective

- I don’t have gout
- Haven't had gout for ages
Project Aim

• Changes with patient input
  – Want easy access allopurinol
  – No flares