

HOW TO WRITE UP YOUR CHOOSING WISELY PROJECT

A brief guide to effectively record your successful
implementation of a Choosing Wisely
recommendation

The following are suggested headings for Choosing Wisely project reporting.

A SNAPPY TITLE

The title is the first thing that will grab the reader's attention, so make it short and snappy!

Examples: Why do two when one will do?
 Loose the tube
 Give the test a rest
 Bye-Bye, PPI

INSPIRATION

Before the introduction, explain your inspiration. Why did you do the project?

INTRODUCTION

Provide some background to the issue you were addressing and what results you expected from the implementation. The introduction is an overview of what you did and why.

HOW WILL THIS REPORT HELP YOU? (the reader)

The reader may have a similar experience and want to learn from your project. Does it match a similar environment/situation for them?

KEY INGREDIENTS OF THIS INTERVENTION

This section is all about the planning of the implementation, such as Identifying the issue, gathering the supporting data, working out the logistics, who will be involved, what is the desired outcome etc.

Eg If you think your organisation may have an issue with repetitive "routine" blood testing, then the following steps should help in confirming that there is a problem and addressing it.

- 1) Understand the problem
- 2) Define your metrics
- 3) Obtain leadership buy-in and support
- 4) Develop and implement your change strategy

MEASURING YOUR PERFORMANCE

Choose a family of measures:

Outcome measures – the main improvement outcomes you are trying to achieve

Process measures – to ensure that each aspect of the intervention is being carried out and delivered as intended

Balancing measures – any intervention may create new unintended consequences that need to be measured

SUSTAINING EARLY SUCCESSES

LIST YOUR REFERENCES AND EVIDENCE

We have borrowed from the success of Canadian toolkits which you can view here:

<https://choosingwiselycanada.org/perspectives/how-tos/>

Choosing Wisely NZ has some information:

- on implementation <https://choosingwisely.org.nz/wp-content/uploads/2018/04/Implementing-Choose-Wisely-29.08.2017.pdf>
- on measurement: <https://choosingwisely.org.nz/wp-content/uploads/2018/04/Measuring-the-Impact-of-Choosing-Wisely-Interventions-29.08.2017.pdf>